

This program is a best practice model.

It shows that if parent(s)/ guardian(s) and youth put the material into practice, it:

1. **Delays** the onset of adolescent substance use
2. **Lowers** levels of aggression in youth
3. **Increases** the resistance to peer pressure in youth
4. **Reduces** youth conduct problems in school
5. **Improves** parents skills including building a positive relationship with their youth, setting appropriate limits, and following through on consequences, while showing love and support for their children

Learn more about the Strengthening Families Program 10-14 at:

<http://www.extension.iastate.edu/sfp/>

<http://www.co.greene.oh.us/index.aspx?NID=445>

<https://www.crimesolutions.gov/ProgramDetails.aspx?ID=190>

PRESENTED BY

GREENE COUNTY JUVENILE COURT

2100 GREENE WAY BOULEVARD
XENIA, OHIO 45385

Judge Adolfo A. Tornichio

To make a REFERRAL or for more information:
PLEASE CONTACT:

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Funding provided by:



Help for Today. Hope for Tomorrow.

Strengthening Families Program

**For Parents/Guardians
and Youth 10-14**



Quick Facts:

- This is a **FREE** program
- It is for youth ages 10-14 and their parents/guardians
- **No court involvement is required**
- Once a week for six weeks from 5:45p-8:30p
- Two locations:
 - **Xenia** (Monday)
 - **Fairborn** (Thursday)

Overview:

Strengthening Families Program builds upon existing strengths found within the family.

Parents discuss...

- setting appropriate boundaries and goals for youth.
- effectively disciplining and guiding youth to build character.

Youth talk about...

- how to show more respect and be more appreciative of their parent(s)/guardian(s).
- skills for dealing with stress and peer pressure.

The **focus** of SFP is the fact that **youth do better when their parent(s)/guardian(s) have two basic skills: consistent discipline and support.**



Testimonials:

- "I forgot how much we enjoyed spending time together!"
- "This was very helpful reminder to our family."
- "We feel encouraged that we are on the right track."